



## **GUJARATI MENU**

**OUR LUNCH MENU CONSISTS OF THE FOLLOWING –**

A Choice of  
2 Farsans  
2 Shaaks  
Dhaal  
Rice  
Puri  
Pickle  
Chutney  
Papad Papdi  
2 Sweet dishes

### **STARTERS/FARSANS:**

#### **Samosa**

Spicy Stir fried diced vegetables wrapped in a crispy triangular shaped pastry

#### **Lentil or Matar Kachori**

Crushed lentil or pea balls covered in crispy pastry

#### **Dhokra**

Steamed cooked savoury sponge made with chickpea flour, glazed with sesame seed oil, chilli powder and chopped coriander

#### **Patra**

Malanga leaves rolled with basen cream paste and spices, which can either, be steam cooked with sesame seed and coriander or fried.

#### **Mixed Bhajia**

Deep fried potatoes, chilli's, onions, couchettes, cauliflower, pepper in gram flour

#### **Gota**

Deep fried basen flour with spinach/methi

#### **Potato Wada**

Spicy mashed potatoes wrapped in chickpea flour

#### **Spring Rolls**

Shredded vegetable with spices lavishly rolled in wafer thin pastry

#### **Chilli Paneer**

Cottage cheese in spicy sauce

#### **Chilli Mogo**

Chunky cassava root chips in a tamrind sauce with extra spices for flavouring

#### **Chilli Chips**

Deep fried Potato chips with spicy sauce.

#### **Mogo Chips**

Deep Fried Cassava root chips with salt and chilli powder.

#### **Onion Bhajis**

Onion slices deep fried with a spicy gram flour batter



**INVESTORS  
IN PEOPLE**

*Greenleaf Catering & Event Management,*

*Unit 2A Enterprise Estate, Collett Way, Western Industrial Park, Southall, Middlesex, UB2 4SE*

**T:** 020 8574 0159 / 7779 **M:** 07944-771-901 **F:** 020 8893 5786 **E:** [info@greenleafservices.com](mailto:info@greenleafservices.com) **W:** [www.greenleafservices.com](http://www.greenleafservices.com)



### **Cutlets**

Spicy mashed potatoes and mixed vegetables coated in breadcrumbs

### **Dahi Wada**

Deep fried wada in yoghurt

### **CHUTNEYS & PICKLES:**

#### **Green Chutney**

Green Capsicum pepper with chillies

#### **Red Chutney**

Red Capsicum pepper with chillies

#### **Ambli Chutney**

Tamarind sauce chutney

#### **Coconut Chutney**

Crushed coconut sauce

#### **Mint Chutney**

Yoghurt with flavoured mint and spices

#### **Gajar Marcha**

Spicy Carrots and Chilli

### **Pickles**

Mixed mango and lime pickle

### **Salad**

Mixture of lettuce, Tomatoes, Green & Red Peppers, shredded cabbage with Lemon garnish

### **Papad/Far Far**

### **SHAAKS / CURRY:**

#### **Potato Shaak**

Potatoes in spicy thick gravy

#### **Potato & Sukhi Bhaji**

Potatoes and spinach in thick gravy

#### **Stuffed potato & aubergine shaak**

Stuffed potato and aubergine with spicy masala

#### **Sweetcorn shaak**

Sweetcorn with nuts in thick tomato gravy

#### **Sweetcorn & Tindora**

Sweetcorn tindora in masala sauce

#### **Sweetcorn & red kidney beans**

Sweetcorn and kidney beans in tomato sauce

#### **Corn on the cob shaak**

Corn on the cob in tomato sauce

#### **Mixed vegetable shaak**

HEALTH SAFETY & QUALITY CONTROL INTERNATIONAL



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Mixed vegetables in thick gravy

**Chora / Vaal**

Lentils

**Cabbage & Chilli**

Tangy combination of cabbage, carrots and chillies

**Kabuli Chana or Red Chana**

Chana in rich tomato sauce

**Bindhi Shaak**

Lady finger in spicy sauce

**Undya shaak**

Authentic Gujarati dishes with vegetables and fenugreek Dumplings

**Palak Paneer**

Combination of spinach and cottage cheese in spicy sauce

**Paneer, Sweetcorn & Capsicum**

Combination of capsicum, sweetcorn and cottage cheese in spicy sauce

**Paneer, Peas & Capsicum**

Combination of capsicum, Peas and cottage cheese in spicy sauce

**Kidney Beans**

Kidney Beans in tomato sauce

**Matar Ringad**

Peas & Aubergine in tomato sauce

**Turya Patra Shaak**

Patra and Turya in tomato sauce

**Turya Patra with Sweetcorn**

Patra and Sweetcorn in tomato sauce

**Duthi and Chana shaak**

Green Veg and Chana in tomato sauce

**Mixed kathor shaak**

Mixed Lentils

**RICE:**

**Plain/ Pillau Rice**

Plain basmati rice

**Jeera Rice**

Basmati rice with jeera

**Mattar Rice**

Basmati rice with peas

**Vegetable Biryani**

Basmati rice with mixed vegetables and tomato sauce



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**DHALS:**

**Tarka Dhal**

Mixed lentils cooked with tomato and Cumin

**Maag**

Sprouted lentils

**Dhal**

Hot lentils soup flavoured with variety of spices

**Kadhi**

Hot yoghurt based soup

**BREADS:**

**Puri**

Soft unleavened bread deep fried

**Bhatura**

Crispy leavened bread deep fried

**Chapati**

Round shaped thin flour bread

**Puran Puri**

Chapati flour with sweet stuffing for extra flavour

**SWEET DISHES:**

Madras Paak

Ladwa

Badsai Roll

Churma Ladwa

Neelam Pak

Gulab Kala Jamun

Amrat Pak

Phool Kaja

Chocolate Barfi

Shikand

Plain Barfi

Kaju Katri

Kaju Rolls

Falludo

Mohantar

Jebebi

Bhundi

Sata



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